



# Rickards own observations

2022 treated me in a emergency in a care unit in Sweden

# The staff kept me still and let me rest as much as possible to make me recover

EMERGENCY – PUT HIM ON LIFESUPPORT! (Respirator?)



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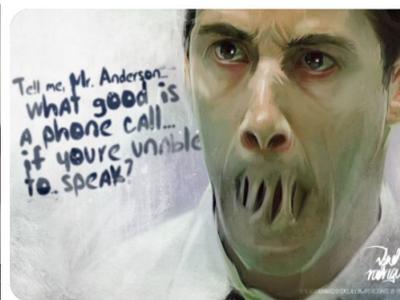
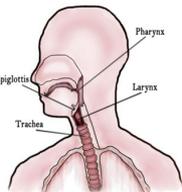
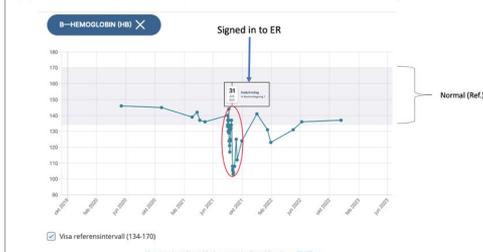
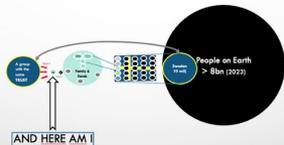


Chart of Rickard Cedergren immune-system (measured with blood tests (by professionals) over the years around the time at the hospital



IN 2023 WE ARE ABOUT 8 BN PEOPLE IN THE WORLD AND ABOUT 10 MILLION IN SWEDEN



## The story in text

In 2022 I had a 50 % of surviving. As I were blacked out, the medical specialists at the hospital let my relatives know... I remained unconscious and it was decided that the best treatment for me (in agreement between the specialists and the relatives) was a TBE specialist hospital. I survived this event! Yej! I'm so grateful for this I don't know how to thank you all. ❤️❤️❤️ I'm so grateful for being alive! 🙏

The residual side-effects are related to this event are, way of moving around (posture) and my fluid speaking are affected, but my brain isn't. My brain is working more than 100 %, instead of doing other physical stuff I do more mental stuff (more now than I ever had).

Seems like my posture makes people hesitate, even though they are hiring a brain not a body? Someone claimed that the body only support (feeds) the brain. In the digital space artificial intelligence don't have a body just a "thinker" (brain). Are you only trusting someone with a without a body and a virtual brain? 🤖

*Rickard Cedergren*  
An Independent Advisor



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# Resting = Lost muscles (you loose what you don't use)

- Mouth (exercising the tongue and lips using the lingual sweep)
- Breathing (exercise the diaphragm)
- Building flexibility in the legs and feet
- The muscle for stopping pea need training (just like some women being pregnant)
- Balance was impacted (which is essential in many exercises)

# What was not affected?

- The brain was not effected
  - specifically the ability to analyse what is the best from **A** to **B**?

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# Conclusions 🙌

- People seem to think stuff is wrong based on individual and previous experiences
- FACTs (empirical data) is often neglected (authority seems to be better?)
  - For example: Personal medical records says it all
- If humankind would recognize that the **brian** is most important (and not like in the past. the body)

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